

# The Little Book of Magic

**Affirmations**

*The Secret Power of Words*

**GROW RICH MASTERMIND EDITION**

*Courtesy [www.GrowRichAudios.com](http://www.GrowRichAudios.com)*

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## Epigraph

*"In the beginning was the word, and the word was with God." ~ The Bible*

*"Death and life are in the power of the tongue, and those who love it will eat its fruits." ~ The Bible*

*"Any idea, plan, or purpose may be placed in the mind through repetition of thought." ~ Napoleon Hill*

*"...faith is a state of mind, and it may be induced by self-suggestion." ~ Napoleon Hill*

*"FAITH is a state of mind which may be induced, or created, by affirmation or repeated instructions to the subconscious mind, through the principle of auto-suggestion." ~ Napoleon Hill*

*"It is a well known fact that one comes, finally, to BELIEVE whatever one repeats to one's self, whether the statement be true or false." ~ Napoleon Hill*

*"Just as electricity will turn the wheels of industry and render useful service if used constructively, or snuff out life if wrongly used, so will the law of auto-suggestion lead you to peace and prosperity or down into the valley of misery, failure, and death, according to your degree of understanding and application of it." ~ Napoleon Hill*

*"AUTOSUGGESTION is the agency of control through which an individual may voluntarily feed the subconscious mind on thoughts of a creative nature, or, by neglect, permit thoughts of a destructive nature to find their way into this rich garden of the mind." ~ Napoleon Hill*

## The Most Powerful Voice in Your Life Is the One Inside Your Head

You talk to yourself all day long.

Every hour, a quiet voice narrates your life. *"I'm bad with money."* *"I always blow this."* *"People like me don't get rich."* And here's the problem: your brain doesn't fact-check. It just believes. True or not.



Affirmations are how you grab the microphone back.

At their simplest, they're positive statements you repeat on purpose, instead of letting the negative ones run on autopilot. You use them to rebuild your self-image, your confidence, and your aim.

And no, this isn't wishful thinking. Researchers writing in the *Journal of Positive Psychology* found that people who repeated positive affirmations for just 21 days saw real increases in self-esteem, optimism, and happiness. Another study, in the *Journal of Clinical Psychology*, followed people for 8 weeks and watched their mood lift, their stress fall, and even their sleep improve.

Think about that. Words. Just words, repeated with intention, changed how people felt about their whole lives.

So if you want to try this, three rules. One: pick affirmations that are specific, positive, and believable. Two: say them daily, morning and night. Three: be patient. It takes time for them to work their magic.

But there's a catch, and it's a big one. I learned it the hard way, on my knees, in a single-wide mobile home. That's where my story starts.

## **Four Years of Failure, One Desperate Prayer, and the Words That Changed Everything**

A little over ten years ago, I was broke and living in a single-wide mobile home.

I'd failed in business four years straight. Four years. And I had a wife and kids counting on me.

One night, after I'd put my kids to bed, I dropped to my knees and cried out to God for help. I was out of ideas and out of options.

That prayer led me to a book.



It taught me something I'd never taken seriously: the mysterious power of affirmations. I was skeptical. But I was also humble, and desperate enough to try anything.

So I started building. Night after night, I crafted a document by hand, filling it with statements of the man I wanted to become and the beliefs I knew would carry me there.

Here's what finally pushed me to do it. I'd read in a book called *Psycho-Cybernetics* that nearly all of us walk around hypnotized. We soak up "suggestions" from the world (parents, teachers, TV, the news), and our subconscious quietly runs those programs on autopilot for the rest of our lives.

And I thought, if I'm getting programmed either way, why not grab the controls?

So I did. I decided to become the master of my own mind and plant the seeds I actually wanted to grow.

That's when things began to change.

At first, almost nothing. But I kept going with the faith of a child. Night after night, I walked beneath the Idaho stars and spoke my vision out loud, repeating the affirmations I'd written for the version of me I was becoming. I even recorded myself saying them over music, so they'd pour into my mind as I fell asleep and again the moment I woke up.

Then, after a few weeks, something shifted.

It started as a feeling. A little more faith. A little more confidence. Then my energy started climbing, day after day, until I was jumping out of bed in the morning because I knew, I just knew, I was onto something.

The words I spoke and wrote started taking on a life of their own. And people noticed. They were drawn to me like never before.



Within six months, I'd hit an income goal that had dodged me for four straight years.

It literally felt like magic.

I became a strong believer in the power of affirmations, or self-suggestion, or auto-suggestion, whatever you want to call it.

Some people might say, "I don't believe in affirmations," but the truth is, we're ALL affected by them whether we believe in them or not.

A suggestion in hypnosis is a set of words that a hypnotist communicates to a subject while under hypnosis. Because the subject is semi-conscious, the mind will accept this suggestion, and we've probably all seen a stage subject do crazy things via the "suggestions" of the hypnotist.

Guess what...

The exact same thing is happening when we hear something from a friend, family member, parent, TV ad, doctor, news program... you fill in the blank.

If we get a message from an outside source, and we believe it, we are now hypnotized (in a sense) to behave in the world under that programming.

Affirmations, in my opinion, are simply tools we can use to take the power back.

What do I believe? What do I want to believe? How do I want to think, and feel, and act in the world?

This is the incredible power of affirmations, when viewed in the right light.

Affirmations can be done in many ways.

You can read them quietly to yourself.

You can read them out loud with faith, emotion, and power.



You can listen to them while you drift off to sleep, when you wake up in the morning, or throughout your day to re-focus yourself and inject a mental and spiritual boost.

I don't think there is a wrong way to do them, as long as...

You're persistent and consistent with them.

You believe them, or repeat them until you believe them.

You look for and CREATE evidence to help you see that your affirmations are true, or at least on the way to coming true.

Over the years, I've called the work I do on myself in this area "Mind-Conditioning."

The mind will be conditioned. We have no choice over that. The only choices we have in this area pertain to who will do the conditioning and how good of a job will be done.

I hope this little book of magic can be a blessing to you and a tool you can use to get ideas for crafting your own personal mind-conditioning document.

In it, you'll find a few tips, along with what could be the world's most ULTIMATE list of affirmations.

You probably won't want to use all of the examples for your personal mind-conditioning document.

Instead, you'll want to use them as starting points and inspiration launchpads for the personal affirmations you'll use in your very own mind-conditioning document.

You'll notice that some of these affirmations have different starting points.



Some begin with "I am" and others with phrases like "It's ok to..."

Pick the ones that resonate most deeply with you.

Of course, the most powerful affirmations are usually the ones that relate to your identity, and therefore will be the ones beginning with "I am."

These types of affirmations can change a LOT about who you are, how you feel, and where you're going in life.

Please use special care with these affirmations.

If you find you're having trouble building belief in an affirmation that's important to you, you can try beginning with phrases such as "It's ok to..." or "I am in the process of..."

These intro phrases can soften the suggestion so it can be more readily absorbed and adopted by the unconscious mind.

Additionally, please be very careful about who you choose to surround yourself with, along with the messages that you allow into your mind.

It would be a great shame to put all of this work into transforming yourself into the most powerful version of you, only to have your work destroyed by careless acquaintances or content that erases the work you've done.

Lastly, I'll add that affirmations alone, as magical and powerful as they are, are impotent without action.

The great Jim Rohn put it this way...

"Affirmation without discipline is the beginning of delusion."

This is why it's both faith and works that produce the results.

Of course, the Bible famously said, "Faith without works is dead."



Affirmations are also dead if you don't breathe further life into them with the soul of your life activity.

Thank you for taking the time to read this little intro and for investing the time to improve yourself in what could be the most profound way you've ever experienced.

## **The Ultimate List: 700+ Affirmations to Make Your Own**

I am an inspiring marketer  
I am a heart centered marketer  
I am a soul stirring marketer  
My words are filled with spirit that move people.  
I am a life changing speaker  
I am a life changing writer  
I am a leader of souls  
I am a teacher of truth  
I am a speaker of light  
I point to the highest good  
I am a committed father  
I am a loving husband  
I am a master marketer  
I am a master copywriter  
I am a life changing author  
I am a master teacher  
I am a master speaker  
I am energetic  
I am healthy  
I am magnetic  
I am strong  
I am happy  
I am an amazing husband  
I am an amazing wife  
I am the best father



I am an amazing father  
I am a money magnet  
I am a powerful decision maker  
I am a millionaire  
I am a multi-millionaire  
I am an inspired coach  
I am the best coach  
I am a mentor to many  
I am a mentor to the one  
I am the best mentor  
I am a major influencer  
I have a thriving marriage  
People love my books  
People love my podcast  
People love my videos  
People love my emails  
I am a traffic master  
I am a conversions master  
I am a sales master  
I am a money multiplier  
I transform people  
People love my products  
People love my company  
People love my words  
People seek me out and join  
I am a skilled storyteller  
People love me  
I deserve to be rich  
I deserve success  
I deserve to be a multi-millionaire  
I deserve abundance  
I deserve to have all I want  
I deserve prosperity  
I deserve business success  
Everything is energy



Money is energy  
Energy is infinite  
Money is infinite  
Wealth is infinite  
I am rich  
I attract money every day  
I attract plenty of money  
I attract plenty of money every day  
I attract the best people  
I make money while I sleep  
The universe is showering me with money  
Making money is easy  
I make a lot of money  
I attract millions of dollars  
Money comes to me easily  
I make more money every day  
I know how to make money  
I love money  
Money loves me  
My income is increasing  
I have a very high income  
I am a financial genius  
I am a money expert  
I am open to receiving  
Money is everywhere  
Wealth is everywhere  
Opportunities are everywhere  
I notice opportunities all around me  
I am a super entrepreneur  
I solve problems  
I always find solutions  
I feel comfortable with a lot of money  
I achieve my goals  
I succeed in everything  
I always know what to do



I am so blessed  
I can achieve anything  
Everything I touch turns to gold  
I create my reality  
I'm super smart  
I'm super intelligent  
I am a genius  
I'm super creative  
I am innovative  
I am inventive  
I am confident  
I love myself  
I like myself  
I win  
I am the best  
I am the greatest version of me  
I am ambitious  
I am in control  
I'm brave  
I am talented  
I ignore criticism  
I accept counsel  
I free people  
I speak light.  
I am inspired  
I am clean  
I am thankful  
I am courageous  
I am chaste  
I apply leverage  
I deliver value  
I help people win  
I ignore distractions  
I recognize others for greatness  
I am a benefactor

I take action  
I follow the golden rule  
I maintain composure  
I have peace of mind  
Money is a blessing  
I am filled with faith  
I am generous  
I am tolerant  
I am humble  
I control my emotions  
I love seeing others succeed  
I am patient  
I am honest  
I speak the truth  
I am sincere  
I am kind  
I am just  
I am forgiving  
I am merciful  
I always lift others with my words  
I am dependable  
I am loyal  
I think of good health always  
I make decisions quickly  
I am temperate with eating and drinking  
I am wise with my tongue  
I give good order to things  
I am resolute  
I am industrious  
I practice moderation  
I am positive  
I have the best events  
I am a master communicator  
I am funny  
I can do anything

I eat the best food  
I live in purpose  
I have great imagination  
I am enthusiastic  
I have self control  
I own income producing assets  
I find more income producing assets  
I go the extra mile  
I am an accurate thinker  
I have a pleasing personality  
I profit from failure  
I am the change I wish to see  
I am heart centered  
I am aligned with the infinite  
I inspire cooperation  
I have supreme concentration powers  
My savings are overflowing  
I show initiative in all I do  
I am an inspiring musician  
I love people  
People are amazing  
People can change  
People inspire  
I believe in people  
I believe in magic  
I have incredible faith  
I am powerful  
People are powerful  
I lift people  
I serve people  
I inspire people  
I accept myself  
I respect myself  
I am peaceful  
I am at peace with myself

I value myself  
I am proud of myself  
I am beautiful  
I am smart  
I am attractive  
I am charismatic  
I am perfect  
I have high self-esteem  
I have a healthy body  
I have a strong body  
I have an amazing body  
I love my body  
I like my body  
My body is perfect for me  
I am phenomenal  
I am happy  
I am happy to be myself  
I possess all the most wonderful qualities  
I am so loved  
I am so liked  
I am so beautiful  
I am so attractive  
I am well respected  
I am liked  
I am a master of communication  
I am magnetic  
I am super magnetic  
I am the greatest  
I am super smart  
I am super intelligent  
I am super gifted  
I have an amazing mind  
I am successful  
I am super successful  
I can

I am born to be my best  
I am a champion  
I believe in myself  
I feel great  
I do my best  
I am powerful  
I am strong  
I am super confident  
I am brave  
I am super courageous  
I am bold  
I am a winner  
I am important  
I am capable  
I am decisive  
I am super motivated  
I am super calm  
I am in peace with myself  
I am super enthusiastic  
I am super positive  
I am unstoppable  
I am super strong  
I am super-human  
I deserve the best  
I am super talented  
People respect me  
People like me  
People love me  
People admire me  
I am impressive  
I am always successful  
I have unlimited potential  
I have many talents  
I am special  
I can conquer anything



I am lucky  
I have infinite luck  
I am a Wizard  
I am a creator  
I create miracles  
Success is mine  
I create my future  
I am a master  
I am a leader  
I am influential  
I lead people  
I am creative  
I think fast  
I am free  
I have freedom  
My soul is free  
I am one with the Divine  
I have choice  
I am okay  
I love life  
I am a miracle  
It's okay to accept myself  
It's okay to love myself  
It's okay to like myself  
It's okay to respect myself  
It's okay to be peaceful  
It's okay to be in peace with myself  
It's okay to value myself  
It's okay to be proud of myself  
It's okay to be beautiful  
It's okay to be smart  
It's okay to be charming  
It's okay to be attractive  
It's okay to be charismatic  
It's okay to be perfect

It's okay to have high self-esteem  
It's okay to have a beautiful body  
It's okay to have an amazing body  
It's okay to love my body  
It's okay to like my body  
It's okay that my body is perfect for me  
It's okay to be phenomenal  
It's okay to be happy  
It's okay to be happy being myself  
It's okay to possess all the most wonderful qualities  
It's okay to be loved  
It's okay to be liked  
It's okay to be awesome  
It's okay to be well respected  
It's okay to be a master of communication  
It's okay to be magnetic  
It's okay to be very magnetic  
It's okay to be funny  
It's okay to be great  
It's okay to be intelligent  
It's okay to be gifted  
It's okay to have an amazing mind  
It's okay to be successful  
It's okay to succeed in everything  
It's okay to be super successful  
It's okay to be capable  
It's okay that everything I touch turns into gold  
It's okay to be born to be my best  
It's okay to be a champion  
It's okay to believe in myself  
It's okay to feel great  
It's okay to do my best  
It's okay to be powerful  
It's okay to be strong  
It's okay to be confident

It's okay to be brave  
It's okay to be courageous  
It's okay to be bold  
It's okay to be a winner  
It's okay to be important  
It's okay to be great at everything I do  
It's okay to be decisive  
It's okay to be highly motivated  
It's okay to be calm  
It's okay to be enthusiastic  
It's okay to be positive  
It's okay to be unstoppable  
It's okay to be strong  
It's okay to deserve the best  
It's okay to be highly talented  
It's okay for people to respect me  
It's okay for people to like me  
It's okay for people to love me  
It's okay for people to admire me  
It's okay to be impressive  
It's okay to be always successful  
It's okay to have unlimited potential  
It's okay to have many talents  
It's okay to achieve  
It's okay to conquer challenges  
It's okay to achieve my goals  
It's okay to be lucky  
It's okay to be super lucky  
It's okay to be a Wizard  
It's okay to be a creator  
It's okay to create miracles  
It's okay for success to be mine  
It's okay to create my future  
It's okay to be a master  
It's okay to be a leader



It's okay to be influential  
It's okay to lead people  
It's okay to be a genius  
It's okay to be super creative  
It's okay to be super inventive  
It's okay to think fast  
It's okay to be free  
It's okay for my soul to be free  
It's okay to be one with the Divine  
It's okay to have choice  
It's okay to be okay  
It's okay to love life  
It's okay to be a miracle  
It's okay to deserve to be rich  
It's okay to deserve to be successful  
It's okay to deserve to be a millionaire  
It's okay to deserve a lot of money  
It's okay to deserve wealth  
It's okay to deserve riches  
It's okay to deserve to be wealthy  
It's okay to deserve to have everything  
It's okay to deserve prosperity  
It's okay to deserve success  
It's okay to deserve luxury  
It's okay to be born rich  
It's okay to be born a millionaire  
It's okay to be born wealthy  
It's okay to be born great  
It's okay to be a born leader  
It's okay to be born successful  
It's okay to be born prosperous  
It's okay to be born a money magnet  
It's okay to be born super-rich  
It's okay to be a born multi-millionaire  
It's okay to be born to be the best me



It's okay to be a born champion  
It's okay to be a born winner  
It's okay to be worthy to be a millionaire  
It's okay to be worthy to have everything I desire  
It's okay to be worthy to be the best  
It's okay to be worthy to be at the top  
It's okay to be worthy to be wealthy  
It's okay to be worthy to be a leader  
It's okay to be worthy to be a multi-millionaire  
It's okay to be worthy to be prosperous  
It's okay to be worthy to be successful  
It's okay to be worthy to be great  
It's okay for energy to be plentiful  
It's okay for money to be plentiful  
It's okay to have plenty of money  
It's okay to have plenty of wealth  
It's okay for wealth to be unlimited  
It's okay to have plenty of opportunities  
It's okay to have plenty of ideas  
It's okay for life to be good  
It's okay to be rich  
It's okay to be super-rich  
It's okay to be wealthy  
It's okay to be super-wealthy  
It's okay to be a millionaire  
It's okay to be prosperous  
It's okay to hold prosperous thoughts  
It's okay to be a money magnet  
It's okay to be a multi-millionaire  
It's okay to attract money every day  
It's okay to attract tons of money every day  
It's okay to make a million dollars  
It's okay to make more money every day  
It's okay to make a lot of money every day  
It's okay to make money while I sleep

It's okay for the universe to flood me with money  
It's okay to get richer  
It's okay to make millions every day  
It's okay that rivers of money flow to me  
It's okay for all my needs to be met  
It's okay for making money to be very easy  
It's okay to make a lot of money  
It's okay to create money  
It's okay to create abundance  
It's okay to create success  
It's okay to attract millions  
It's okay to attract millions every day  
It's okay to attract millions of dollars  
It's okay to attract a lot of money  
It's okay to constantly attract money  
It's okay to have the power to make millions  
It's okay to enjoy money  
It's okay for my income to grow every day  
It's okay for money to come to me easily  
It's okay to be happy earning money  
It's okay to know how to make money  
It's okay for money to flow to me easily  
It's okay for generating wealth to be easy  
It's okay for making money to be easy for me  
It's okay to work hard  
It's okay to love my work  
It's okay for me to be hard working  
It's okay to have fun while I work  
It's okay to feel happy working on my goals  
It's okay to achieve my goals easily  
It's okay to be super optimistic  
It's okay for money to be good  
It's okay to love money  
It's okay to be friends with money  
It's okay to enjoy my success



It's okay to love success  
It's okay for money to love me  
It's okay for money to seek me  
It's okay for money to follow me  
It's okay for my income to increase  
It's okay for my income to grow  
It's okay to have a very high income  
It's okay to be a financial genius  
It's okay to be open to receiving  
It's okay to be open to receiving money  
It's okay to allow abundance to flow  
It's okay to allow abundance to flow to me  
It's okay for money to be everywhere  
It's okay for wealth to be everywhere  
It's okay for opportunities to be everywhere  
It's okay to love challenges  
It's okay to handle everything  
It's okay to always win  
It's okay to be a successful entrepreneur  
It's okay to solve problems  
It's okay to always find solutions  
It's okay to feel comfortable with a lot of money  
It's okay to live in luxury  
It's okay to win every day  
It's okay to save money  
It's okay to control my money  
It's okay to control my success  
It's okay to always know what to do  
It's okay for everything to go perfectly  
It's okay to be the luckiest person  
It's okay to be a success  
It's okay to be able to achieve anything  
It's okay that everything I touch turns to gold  
It's okay to succeed  
It's okay to create my reality

It's okay to take action  
It's okay to take action daily  
It's okay to learn fast  
It's okay to be innovative  
It's okay to be able to do anything  
It's okay to have many blessings  
It's okay to focus on my blessings  
It's okay to be a magnet attracting prosperity  
It's okay for prosperity to be attracted to me  
It's okay for abundance and prosperity to flow to me now  
It's okay to appreciate my success  
It's okay to invest my time  
It's okay for my energy to be stored in money  
It's okay to use money in good ways  
It's okay to be the best  
It's okay for abundance to be naturally mine  
It's okay to be already successful  
It's okay for my mind to magnetically attract prosperity  
It's okay for my mind to magnetically attract blessings  
It's okay for my mind to magnetically attract money  
It's okay to be determined  
It's okay to visualize my prosperous reality  
It's okay to be in control  
It's okay to have more money  
It's okay to believe in my abilities  
It's okay to be rich now  
It's okay to be a millionaire now  
It's okay to be wealthy now  
It's okay to be prosperous now  
It's okay to be a winner now  
I deserve to be successful  
I deserve to be a millionaire  
I deserve a lot of money  
I deserve wealth  
I deserve riches



I deserve to be wealthy  
I deserve to have everything I want  
I deserve luxury  
I am born rich  
I am born a millionaire  
I am born wealthy  
I am born great  
I am a born leader  
I am born successful  
I am born prosperous  
I am a born money magnet  
I am born super-rich  
I am born a multi-millionaire  
I am a born champion  
I am a born winner  
I am worthy to be rich  
I am worthy to be a millionaire  
I am worthy to have everything I want  
I am worthy to be the best  
I am worthy to be at the top  
I am worthy to be wealthy  
I am worthy to be a leader  
I am worthy to be a superstar  
I am worthy to be a multi-millionaire  
I am worthy to be prosperous  
I am worthy to be successful  
I am worthy to be great  
I am energy  
Energy is plentiful  
Money is plentiful  
There is plenty  
There is plenty of money  
There is plenty of wealth  
Wealth is unlimited  
There are plenty of opportunities

There are plenty of ideas  
Life is good  
I am super-rich  
I am wealthy  
I am super-wealthy  
I am a millionaire  
I am prosperous  
I hold prosperous thoughts  
I am a money magnet  
I am a multi-millionaire  
I attract tons of money every day  
I can make a million dollars  
I make money every day  
I make a lot of money every day  
The universe is flooding me with money  
I am getting richer  
I make millions every day  
All the money I want flows to me  
All my needs are met  
Making money is very easy  
I create money  
I create abundance  
I create success  
I attract millions  
I attract millions every day  
I attract a lot of money  
I am constantly attracting money  
I have the power to make millions  
I enjoy money  
My income is growing every day  
I am happy earning money  
Money flows to me easily  
Generating wealth is easy  
Making money is easy for me  
I work hard



I love to work  
I am hard working  
I have fun while I work  
I feel happy working on my goals  
I achieve my goals easily  
I am super optimistic  
Money is good  
I am friends with money  
I enjoy my success  
I love success  
Money seeks me  
Money follows me  
My income is growing  
I am open to receiving money  
I allow abundance to flow  
I allow abundance to flow to me  
I love challenges  
I handle everything  
I always win  
I am a successful entrepreneur  
I live in abundance  
I win every day  
I save money  
I control my money  
I control my success  
Everything is going perfectly  
I am so lucky  
I am a success  
I can, I can, I can  
I succeed  
I take action daily  
I am intelligent  
I learn fast  
I have many blessings  
I focus on my blessings

I am a magnet attracting prosperity  
Prosperity is attracted to me  
Abundance and prosperity flow to me now  
I appreciate my success  
I naturally receive  
I invest my time  
I use money in good ways  
Abundance is naturally mine  
I am already successful  
My mind magnetically attracts prosperity  
My mind magnetically attracts money  
My mind magnetically attracts blessings  
I am determined  
I'm super enthusiastic  
I visualize my prosperous reality  
I have more money  
I believe in my abilities  
I am already rich  
I am already a millionaire  
I am already wealthy  
I am already prosperous  
I am already a winner  
I am loved  
I am respected  
I am balanced  
I have humor  
I am at peace with the world  
I am fun  
I love people  
I like people  
I help people  
I am loving  
I am caring  
I am sharing  
I do good

People are good  
People care about me  
People seek me for help  
People are nice to me  
I respect people  
I am a gift  
We are all gifts  
My relationships are positive  
I have a magnetic personality  
I see the best in everyone  
I am likable  
People enjoy being with me  
People love being around me  
I connect with people easily  
All of my relationships are fun  
Everyone is precious  
Everyone is unique  
People are naturally attracted to me  
I am full of positive energy  
I make people feel good  
I make people feel special  
I make people feel loved  
I make people feel important  
I make people feel happy  
I am friendly  
I care about people  
I am sincerely interested in people  
I spread positive energy to people  
I am transforming people  
I change people's lives  
I am social  
I love socializing  
I am outgoing  
I am a magnet for positivity  
I am grateful

I laugh  
I make people laugh  
I make people feel relaxed  
I am a giver  
I love to send gifts to people  
I love teamwork  
I give value to people  
I am a valuable person  
I am charitable  
I am at peace with people  
I am nice  
I smile  
I have a wonderful smile  
I am humorous  
I enjoy humor  
I share humor  
My sense of humor is keen  
I am a good person  
I have a good heart  
My heart is full of love  
I find other people fascinating  
My social life is exciting  
I make friends easily  
I have a lot to contribute  
I enjoy people  
I enjoy my family  
I am a great communicator  
I connect with everyone I meet  
I choose to be understanding  
I support people  
I like to support people  
I have empathy  
I enjoy my friends  
I enjoy my associations  
I have a positive outlook

I live my life with integrity  
I am an honest person  
I hold to my values  
I apologize when I am wrong  
Every person is important  
I meet every day with gratitude  
I am open minded  
I have an open mind  
It's ok to change  
It's ok to not know everything  
It's ok to learn from others  
It's ok to be liked  
It's ok to be loved  
It's ok to be respected  
It's ok to be magnetic  
It's ok to be charismatic  
It's ok to be a leader  
It's ok to be balanced  
It's ok to have humor  
It's ok to be at peace with the world  
It's ok to be charming  
It's ok to be humble  
It's ok to have a charming personality  
It's ok to be fun  
It's ok to love people  
It's ok to like people  
It's ok to help people  
It's ok to be loving  
It's ok to be generous  
It's ok to do good  
It's ok for people to be good  
It's ok for people to love me  
It's ok for people to respect me  
It's ok for people to care about me  
It's ok for people to seek me for help

It's ok for people to be nice to me  
It's ok to respect people  
It's ok to be a gift  
It's ok for us all to be gifts  
It's ok for my relationships to be positive  
It's ok to have a magnetic personality  
It's ok to see the best in everyone  
It's ok to be likable  
It's ok for people to enjoy being with me  
It's ok for people to love being around me  
It's ok to connect with people easily  
It's ok for all my relationships to be fun  
It's ok for everyone to be precious  
It's ok for everyone to be unique  
It's ok for people to be naturally attracted to me  
It's ok to be full of positive energy  
It's ok to make people feel good  
It's ok to make people feel special  
It's ok to make people feel loved  
It's ok to make people feel important  
It's ok to make people feel happy  
It's ok to be friendly  
It's ok to care about people  
It's ok to be sincerely interested in people  
It's ok to spread positive energy to people  
It's ok to transform people  
It's ok to be social  
It's ok to love socializing  
It's ok to be outgoing  
It's ok to be a magnet for positivity  
It's ok to be grateful  
It's ok to laugh  
It's ok to make people laugh  
It's ok to make people feel relaxed  
It's ok to be a giver

It's ok to give gifts to people  
It's ok to live in abundance  
It's ok to love teamwork  
It's ok to give value to people  
It's ok to be a valuable person  
It's ok to be charitable  
It's ok to be nice  
It's ok to smile  
It's ok to have a wonderful smile  
It's ok to be humorous  
It's ok to enjoy humor  
It's ok to share humor  
It's ok for my sense of humor to be keen  
It's ok to be a good person  
It's ok to have a good heart  
It's ok to be myself  
It's ok to think for myself  
It's ok to come to my own conclusions  
I am free to be me  
It's ok to be genuine  
It's ok for my heart to be full of love  
It's ok to find other people fascinating  
It's ok for my life to be exciting  
It's ok to make friends easily  
It's ok to have a lot to contribute  
It's ok to enjoy people  
It's ok to enjoy my family  
It's ok to be a great communicator  
It's ok to connect with everyone I meet  
It's ok to respect all of life  
It's ok to be easy for me to be understood  
It's ok to choose to be understanding  
It's ok to support people  
It's ok to like to support people  
It's ok to have empathy

It's ok to enjoy my friends  
It's ok to enjoy my associations  
It's ok to have a positive outlook  
It's ok to live my life with integrity  
It's ok to be an honest person  
It's ok to hold my values  
It's ok to apologize when I am wrong  
It's ok for every person to be important  
It's ok to meet every day with gratitude  
It's ok for people to be powerful  
It's ok to lift people  
It's ok to inspire people  
It's ok to serve people  
It's ok for people to be amazing  
It's ok for people to change  
It's ok for people to inspire  
People can do anything  
I believe in what's possible for people  
It's ok to believe in people  
It's ok to show initiative in all I do  
It's ok to inspire cooperation  
It's ok to have supreme concentration powers  
It's ok to live in purpose  
It's ok to go the extra mile  
It's ok to be an accurate thinker  
It's ok to have a pleasing personality  
It's ok to be enthusiastic  
It's ok to be a master communicator  
It's ok to be funny  
It's ok to have self-control  
It's ok to be wise with my tongue  
It's ok to give good order to things  
It's ok to be resolute  
It's ok to be industrious  
It's ok to love seeing others succeed

It's ok to be patient  
It's ok to be honest  
It's ok to speak the truth  
It's ok to be sincere  
It's ok to be kind  
It's ok to be just  
It's ok to be forgiving  
It's ok to be merciful  
It's ok to always lift others with my words  
It's ok to be loyal  
It's ok to be tolerant  
It's ok to recognize others for greatness  
It's ok to deliver value  
It's ok to help people win  
It's ok to speak light  
It's ok to be inspired  
It's ok to be clean  
It's ok to be thankful  
It's ok to be courageous  
It's ok to compliment people  
It's ok to thank people  
It's ok to listen to people  
People relate to me with ease.  
It's ok for people to trust me  
It's ok to follow the golden rule  
All people are equally valuable.  
It's ok to love everyone  
It's ok to practice tolerance  
It's ok to recognize people for success  
It's ok to praise people for success  
I cheer people on.  
It's ok to encourage people  
All I can be is a gift  
I love to give gifts to people  
I am an inspiring communicator

I respect all of life  
It's easy for me to be understanding  
I am an honest person  
I sincerely listen to people  
I give honest and sincere compliments  
I am easy for people to relate to  
I am very positive  
I am very lucky  
I am blessed  
I think positively  
I act positively  
I expect only positive  
My reality is positive  
I see the positive in everything  
Thinking positively is easy for me  
Life is great  
My life is great  
I have an amazing life  
I am motivated  
I attract the positive  
Good things happen to me every day  
My soul is eternal  
I take charge  
I have unlimited choice  
Life is a miracle  
I have energy  
I exude positivity  
I attract great things  
I attract great thoughts  
I attract great people  
I have divine guidance  
I have divine protection  
I follow my intuition  
I am always at the right place  
I am always at the right time

I use the law of attraction  
I am surrounded by opportunities  
I am a child of god  
I am a divine spark  
I love living  
My life is amazing  
I live life to the fullest  
I stay energetic  
I feel enthusiastic  
I stay enthusiastic  
I attract good people  
I surround myself with positive people  
I attract good situations  
Life is easy  
I am optimistic  
I trust life  
My life works  
I feel happy  
I am full of optimism  
I get all the help I need  
I feel positive energy flowing through me  
Thinking positive gives me confidence  
I am safe  
I love my life  
I am passionate about life  
I focus on the positive  
I am focused on the positive  
My mind is positive  
I always look on the bright side  
I look for the good in all things  
I have an optimistic outlook on life  
I see opportunities everywhere  
I focus on constructive thoughts.  
I focus on positive thoughts.  
It's ok to be positive

It's ok to be super lucky  
It's ok to be blessed  
It's ok to be one with god  
It's ok to think positively  
It's ok to act positively  
It's ok to expect only positive  
It's ok for my reality to be positive  
It's ok to see the positive in everything  
It's ok for thinking positively to be easy for me  
It's ok for life to be great  
It's ok for my life to be great  
It's ok to have an amazing life  
It's ok to be motivated  
It's ok to attract the positive  
It's ok for good things to happen to me every day  
It's ok to create my reality  
It's ok to be free  
It's ok for my soul to be free  
It's ok for my soul to be eternal  
It's ok for me to take charge  
It's ok to have a choice  
It's ok to be a miracle  
It's ok for life to be a miracle  
It's ok to have energy  
It's ok to exude positivity  
It's ok to attract good things  
It's ok to have divine guidance  
It's ok to have divine protection  
It's ok to follow my intuition  
It's ok to always be at the right place  
It's ok to always be at the right time  
It's ok to use the law of attraction  
It's ok to be surrounded by opportunities  
It's ok to be a child of god  
It's ok to be happy

It's ok to love life  
It's ok to love living  
It's ok for my life to be amazing  
It's ok to live life to the fullest  
It's ok to stay energetic  
It's ok to feel enthusiastic  
It's ok to stay enthusiastic  
It's ok to attract good people  
It's ok to surround myself with positive people  
It's ok to attract good situations  
It's ok for life to be easy  
It's ok to be optimistic  
It's ok to trust life  
It's ok for my life to work perfectly  
It's ok to feel great  
It's ok to feel happy  
It's ok to be full of optimism  
It's ok to get all the help I need  
It's ok to feel positive energy flowing through me  
It's ok that thinking positively gives me confidence  
It's ok to be safe  
It's ok to love my life  
It's ok to be passionate about life  
It's ok to focus on the positive  
It's ok to be focused on the positive  
It's ok for my mind to be positive  
It's ok to always look on the bright side  
It's ok to look for the good in all things  
It's ok to see opportunities everywhere  
It's ok to focus on constructive thoughts  
It's ok to focus on positive thoughts  
I am becoming more financially free  
I have a definite purpose to become financially free  
I have inspiring self-confidence  
I have attractive self-confidence

I believe in myself  
I believe in those around me  
I seize every opportunity I can  
I practice initiative and leadership  
I provide service to others  
I use my imagination  
I visualize my purpose  
I craft plans to achieve my goals  
I follow my plans  
I mix enthusiasm with my work  
Enthusiasm energizes my body, mind, and soul  
I fill my heart with sincere gratitude each day.  
I exercise self control  
I guide my actions with patience and discipline.  
I temper my desires  
I live within my means  
I save money  
I eliminate debt  
I buy income producing assets  
I render more service than I am paid for  
I go the extra mile  
I deliver more in use value than I take in cash value  
I have faith in the infinite  
The infinite justly rewards me for my service  
All I see are possibilities

## **Before You Close This Book...**

There you are, my friend. We made it to the end.

Feel that? This little stack of pages somehow carries a kind of light. That's no accident. That's the power of the words you just held in your hands.

But a book on a shelf changes nothing.



So here's where it gets real. Tomorrow morning, before the world gets its hands on you, pick five of these and say them out loud like you mean them. Say them again before bed. Keep your list somewhere you'll actually see it, taped to a mirror, saved on your phone, wherever your eyes land.

Then watch what happens.

I can't wait to hear how things change for you, because they will.

In love and light,

Paul Hutchings

